

Wellbeing Services Available to Staff Uninsured on Your SAS Policy

SAS offer a range of wellbeing services to support the mental and physical health of all your staff, including those not insured on your SAS policy.

The services below are available to all staff at schools insured by SAS:



Download SAS Gym App

Features Include:

- Discounted clothing, supplements & other fitness offers
- Training plans developed by SAS Personal Trainers
- Activity tracking capabilities
- Monthly gym challenges



How to Access Relaxation Room Podcasts:

Search '**SAS - The Relaxation Room**' on all major podcast providers.

To access these services, contact our Wellbeing Team on **01773 814 403** or email **nurse@uk-sas.co.uk**